Cleaning the Beach

By, Charlotte Glazer

Have you ever gone to the beach and seen lots of trash? Well, according to cleanisland.org, if you leave trash in the beach, it is a threat to wildlife on land and in the ocean. Fish will think that it is food and try and eat it. It is very hazardous to them. There is so much plastic being left behind on our beaches that even land animals’ health is threatened. In my opinion, cleaning the beach is a very good thing to do, because a clean beach will help the animals in the ocean, it will help our environment, and it can be very relaxing activity.

One reason that we should clean beaches is because it will help animals in the ocean. You can do a beach cleanup with your friends or family. Doing a beach cleanup will bring the community together for a good cause. According to, cleanup.surfrider.org, cleaning the beach, raises awareness about plastic and garbage.

Another reason why we should all clean our beaches is because it will help the environment. If we do not clean it up, then it will get in the ocean. Things, like debris from from buildings, get into the ocean. More things are plastic water bottles, metal cans, and types of wrappers. It is also very hard to go to the beach and enjoy yourself when there is trash and debris everywhere.

A final reason why humans should clean the beaches is that it is a relaxing activity. According to news-medical.net, cleaning is a huge stress reliever. It will have a positive effect on your mental health. It will boost your mindfulness and happiness. Even just 10 minutes of cleaning the beach can be relaxing and helps so much with the environment.

In conclusion, cleaning our beaches is a wonderful thing to do. We know that according to nationalgeographics.org, humans are the main reason that beaches become filthy. People leave trash on the beach around the world after they have a day of fun and recreation.

Even folks who are out on their boats contribute to trash on our beaches. They throw garbage off their boats. Humans also pollute our beaches by piling up tons of trash in the landfills that the wind pushes out to sea. Every year, 8,000,000 tons of plastic and trash is going into our ocean. Since humans are the cause of trash at our beaches, it's the least that we can do to try to be a part of the solution! Do your part! Clean the beach!